

Information Technology Sophistication in Nursing Homes

Gregory L. Alexander, PhD, RN, and Douglas S. Wakefield, PhD

Objective: There is growing recognition that a more sophisticated information technology (IT) infrastructure is needed to improve the quality of nursing home care in the United States. The purpose of this study was to explore the concept of IT sophistication in nursing homes considering the level of technological diversity, maturity and level of integration in resident care, clinical support, and administration.

Methods: Twelve IT stakeholders were interviewed from 4 nursing homes considered to have high IT sophistication using focus groups and key informant interviews. Common themes were derived using qualitative analytics and axial coding from field notes collected during interviews and focus groups.

Results: Respondents echoed the diversity of the innovative IT systems being implemented; these included resident alerting mechanisms for clinical decision support, enhanced reporting capabilities of patient-

provider interactions, remote monitoring, and networking among affiliated providers.

Discussion: Nursing home IT is in its early stages of adoption; early adopters are beginning to realize benefits across clinical domains including resident care, clinical support, and administrative activities. The most important thread emerging from these discussions was the need for further interface development between IT systems to enhance integrity and connectivity.

Conclusion: The study shows that some early adopters of sophisticated IT systems in nursing homes are beginning to achieve added benefit for resident care, clinical support, and administrative activities. (*J Am Med Dir Assoc* 2009; 10: 398–407)

Keywords: Health care systems; information technology; nursing homes

The Institute of Medicine is calling for nursing homes to implement and use clinical information systems to support clinical practice.¹ Thus, it was suggested that by 2007 nursing homes should have integrated electronic medical records to clinically manage residents and computerized cross checking for drug-dose, drug-lab, and drug-diet verification. To date there is limited evidence that nursing homes are reaching these levels of sophistication, with 1% or fewer of skilled nursing facilities, for example, incorporating electronic health records into clinical processes.^{2,3} In most cases, nursing home technology has been limited to business applications related

to billing/claims, eligibility processing, and the minimum data set.^{4,5} However, innovation does exist and nursing homes using highly sophisticated computerized systems to manage care have been identified.^{6,7} Through these innovators, much has been learned about the ways in which sophisticated technologies can facilitate the exchange of information to thereby improve client safety and quality of care.^{8–10} This article presents an initial evaluation of the concept of information technology (IT) sophistication in nursing homes using qualitative analytics including field notes collected during interviews and focus groups and axial coding to derive common themes.

IT sophistication is the level of diversity in technological tools and software used to support patient care, clinical support, and administration.¹¹ Greater IT sophistication has been shown to have a positive effect on the ability to provide improved quality of care in acute care settings¹²; however, there is limited understanding of the level of IT sophistication present and its effects in nursing homes. Consequently, the purpose of this study was to develop a matrix of nursing home IT sophistication from interviews and focus groups with knowledgeable IT staff using highly sophisticated IT systems. Common themes derived from the interviews and focus groups resulted in a matrix of the attributes describing the dimensions of IT sophistication (functional, technological, integration) in 3 domains of health care (resident care,

Sinclair School of Nursing, University of Missouri, Columbia, MO (G.L.A.); Center for Health Care Quality, University of Missouri, Columbia, MO (D.S.W.).

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Address correspondence to Gregory L. Alexander, PhD, RN, University of Missouri, Sinclair School of Nursing, 5415, Columbia, MO 65101. E-mail: alexanderg@missouri.edu

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clinical support, administration). The matrix of nursing home IT sophistication will be used as a framework to measure IT sophistication in future studies.

IT SOPHISTICATION IN NURSING HOMES

IT sophistication was derived from Nolan's Stage Theory, which has been used to evaluate computer activity and the degree of IT maturation over time.¹³ Nolan identified 4 stages that organizations move through on the way to a fully integrated information system. Nolan's stages include initiation, expansion, formalization, and maturity. These stages represent growth from technology meeting basic isolated organizational needs to a fully integrated system that meets general organizational needs.¹⁴ For example, a basic isolated system would report employees' work schedules on a nursing unit; in contrast, a fully integrated system would use employee schedules, financial data, resident census, and acuity to support administrative decision making about staffing needs for a clinical unit or facility. The range of integration from isolated to fully integrated information systems creates diversity between facility operations, influences interoperability between internal and external stakeholders, and can provide a unique measure for a facility's level of IT sophistication.

An example illustrating the importance of interoperability of integrated information systems is demonstrated during a transition of care from a nursing home to another health care facility. Figure 1 provides a diagram depicting stakeholders (patient, clinician, receiving facility, and transferring facility) involved in the transition of care for a patient between 2 health care facilities.¹⁵ The range of integration of sophisticated information systems such as electronic health records (EHR) affects the presentation and types of patient care data transferred between facilities. Diverse information can lead to conflicts and consensus about the need for transfer between stakeholders involved in the care of the patient as a result of varied interpretations of the acuity or severity of the health problem.¹⁶ National efforts are currently under way to standardize clinical information, determine necessary patient data, and to structure information about the intended care to be provided by the consulting clinician or receiving care setting when transitions of care occur.¹⁷

Measures of IT sophistication developed from early applications in business firms.^{18,19} Recently, IT sophistication has been used to describe measures of diversity among technological tools and software used to support patient care, clinical support, and administration in health care.^{11,20,21} Three types of sophistication have been defined through these early applications. The types of IT sophistication include functional sophistication (types of processes or activities that are computerized), technological sophistication (degree in which technology is used in each clinical area), and integration sophistication (level of integration among internal and external departments and clinical settings).^{11,18,20,22}

The potential for IT sophistication in nursing home settings is great. IT solutions can assist in the delivery, support, and management of resident care; provide opportunity for interoperable clinical support networks; and facilitate administrative oversight.¹ For instance, nursing homes with high IT

sophistication could collect appropriate clinical data about residents with congestive heart failure with edema (vital signs, weight, fluid intake/output, appetite, medications) and be able to transfer the data to all relevant health care team members, such as primary care providers to alert for change in condition, dietary and licensed staff to reassess resident, and nurse assistants to monitor water and fluid intake. In contrast, facilities that use paper-and-pen-based applications or checklists would be considered to have a lower level of sophistication in regard to their IT system; hence, treatment plans for residents with congestive heart failure with edema may be implemented slower resulting in more negative resident outcomes. Results from this study of nursing home IT sophistication will be used to develop and investigate performance measures between facilities that have varying degrees of functionality, technological instruments, and integration. These measures can then be used to benchmark best practices in IT use to guide development, new implementations, and quality improvement initiatives among early adopters of information systems in nursing homes.

METHODS

Research Design

This qualitative study is based on interviews with key stakeholders from 4 technologically sophisticated nursing homes that self-identified as using significant amounts of IT. In particular, a combination of key informant interviews and focus groups were used to explicate the dimensions of IT sophistication among the 3 clinical domains. The Computerized Physician Order Entry & IT Infrastructure survey,²³ previously used as a measure of IT sophistication in acute care settings, was used in this study to develop a guide for the nursing home interviews and focus groups. Examples of the questions in the guide that was used for focus groups and key informant interviews are included in Table 1. Respondents' responses from the nursing home interviews and focus groups were then used to adapt the original survey for nursing home facilities.

Although the original survey has been rigorously tested and validated in acute care settings,^{11,20} further analysis of the concepts for the nursing home were required to determine how critical attributes of IT sophistication were different and/or similar in the nursing home setting. All research methods and procedures were approved by the university's Institutional Review Board.

Sample

Participants were selected from a purposive sample of 4 nursing homes that had highly sophisticated IT systems. There was no attempt to recruit different homes based on size, regional location, or proprietary status. Advanced IT sophisticated nursing homes were defined by the investigators as having diverse and integrated clinical information systems incorporating advanced technological devices and software. In the context of this study, a nursing home was considered to have advanced IT sophistication if it had implemented the following: electronic medical record with clinical decision support capabilities, automated

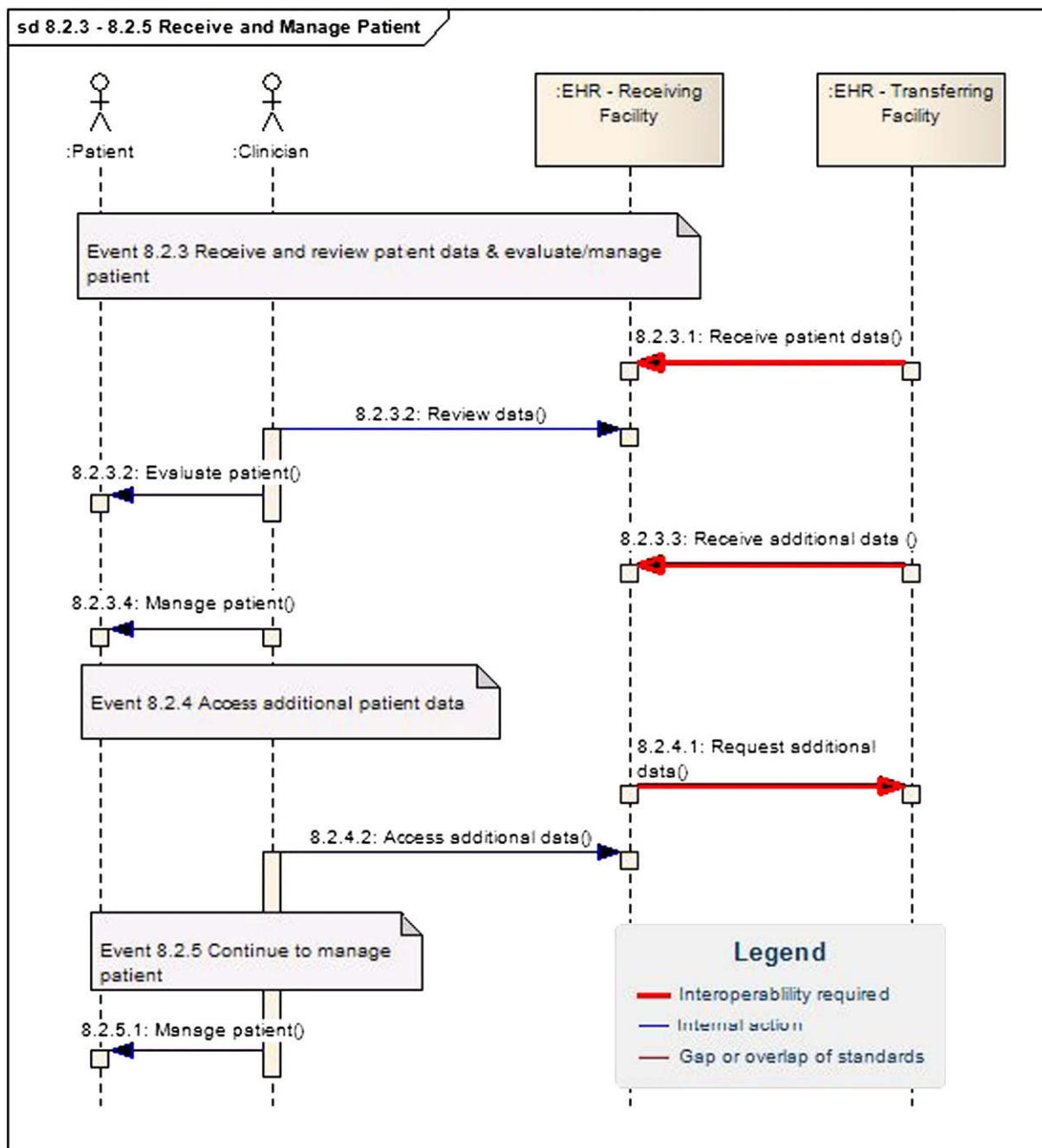


Fig. 1. Transfer of Care Interoperability Specification. © 2008 ANSI

alerting mechanisms, wireless electronic data capture, point-of-care documentation, real-time minimum data set functionality, and/or electronic medication administration.

Initial contact with selected nursing homes was completed with the administrator who then facilitated the identification of key IT stakeholders. Recruitment of IT stakeholders focused on those playing leadership and implementation roles vis-à-vis different clinical and administrative information technologies. Participation was voluntary, and included individual interviews and guided focus groups composed of 1 to 4 participants. This method of using multiple nursing homes and key stakeholders in facilities considered to have highly

sophisticated IT systems allowed researchers to draw more credible conclusions about the many different dimensions of IT sophistication in the particular nursing homes studied.^{24,25} They also allowed the authors to acquire an in-depth understanding that would have been available through use of a larger sample.

Data Collection

Four key informant interviews and 3 focus groups were conducted across the 4 facilities. Key informant interviews were conducted with 1 to 2 people; focus groups were conducted

Table 1. Examples of Focus Group and Key Informant Interview Guide Questions

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- Explain how technology is being integrated with administrative functions throughout your facility.
 - What is the extent of use of different technologies in resident management activities?
 - Describe the general IT environment in your nursing home including connectivity technologies used, automation, and Internet-based applications in use.
 - To what degree does the general IT environment in your nursing home affect resident care, clinical support, and administrative functions?
 - To what degree are your information systems integrated with internal and external sources?
 - Explain how technology is being integrated with your clinical support functions throughout your facility.
 - Describe the type and degree of functionality in IT used to support your clinical processes.
 - Tell us what types of technology would need to be in place in a nursing home for it to be considered highly sophisticated.
 - What technologies are used to support resident care activities?
 - Describe any clinical decision support systems you are using in your facility.
-

with 3 or more people. Subjects participated in either a focus group or key informant interview but not both.

A predetermined interview guide was used to help interviewers capture insights into the attitudes, perceptions, and opinions of informants solicited through open-ended questions. The use of the interview guide questions (Table 1) provided a consistent approach to obtaining information from the key informants and focus group participants. Participants were asked to explain how technology was integrated into administrative functions in their facility, describe the extent of use of different technologies in resident management activities, and to share what types of technologies were needed for the nursing home to be considered highly sophisticated.

Both key informant interviews and focus groups were recorded by tape recorder and by field notes taken by a research assistant. During the discussions, pause and probe methods were used to solicit additional information from the participants until saturation of each topic was reached. No identifying information was collected from any participant. A short debriefing session was held following each encounter to capture first impressions and highlight and contrast findings.

Analysis

A transcript-based approach was used to analyze field notes. Transcribed tapes were coupled with field notes and debriefing information. The analysis process included identifying phenomena that emerged and reappeared across all focus groups and interviews. The conclusions extracted from these initial interviews were used to adapt, to nursing homes, the dimensions of IT sophistication across 3 clinical domains previously used in acute care. An axial coding process²⁶ was used to fracture and reassemble the data in new ways. A matrix of the attributes was created using overriding common themes found in nursing home IT sophistication (functional, technological, and integration) as one axis and

the domains of health care (resident care, clinical support, and administrative activities) as the other axis (see Table 2). This resulted in a total of 9 dimensions of IT sophistication in nursing homes.

RESULTS

Twelve key IT stakeholders from 4 nursing homes participated in the 3 focus groups and 4 key informant interviews. As noted in Table 3, nursing homes varied in size and profit status. All homes were located in or near Midwestern metropolitan cities in the United States. Two different electronic health record (EHR) systems and numerous software programs were used in the 4 nursing homes to manage resident care activities, provide clinical support for direct care providers, and conduct administrative activities within each facility.

The interviews provided a rich set of information describing IT applications in real-world nursing home settings that were analyzed within dimensions of IT sophistication previously used in acute care settings.¹¹ Table 2 illustrates how IT sophistication is represented in the 4 nursing homes across the 3 domains of health care.

Resident Care

Functional Sophistication

In resident care, functional sophistication refers to the types of resident care activities that are supported by technological devices (eg, physician, nursing, dietary, and restorative documentation/reporting). Each of the facilities in this study was considered to have advanced IT sophistication because they had implemented an EHR with decision support capabilities, electronic data capture of clinical information, and other automated features. However, there were differences in the degree of functional sophistication even within this group of highly sophisticated homes. Key IT stakeholders emphasized different components of the EHR systems available for resident care.

The administrator in one facility noted the variety of IT components and uses, including "... nursing documentation, there's bookkeeping, of course, the Minimum Data Set (MDS) system, our activities, and social service. I haven't done dietary...." In contrast, an assistant director in charge of education at another facility emphasized the following components of the IT system: "We do our medication administration, and it's all electronic. All of our physical assessments and all of our risk assessments are done on computer. All nurses notes, physician orders." He went on to say, "the dietary department, I'm not sure whether she processes her diet orders through the computer or not, but all of our weight management is pulled to run QA [Quality Assurance] reports. Her dietary assessments and nutrition notes are all entered into the system and then are reflected on the record, and the team can pull those up."

For our purposes, functional sophistication is the degree of diversity supported by technology directed toward the care of residents. An example of this diversity is the use of digital photos in resident care. All but one facility declined to use digital photos for the purposes of documenting wound status.

Table 2. Dimensions of IT Sophistication in 3 Domains of Nursing Home Care

Attributes of IT Sophistication	Resident Care	Clinical Support	Administrative Activities
Functional	Admissions Discharges Transfers Waiting list management Bed availability estimation Discharge summary Order entry Physician order sheet Progress notes Results reporting Face sheet (abstracts)	Staff scheduling Vital signs recording Medication administration Staff workload management Physician orders transcription Care planning/RAPS Historical records Resident acuity Quality assurance Nursing flow sheet Incident reporting Real-time MDS/RAI Clinical reporting Label generation Specimen archiving Recurring tests management	Tracking IT system issues IT requests IT "Help Desk" Backup Power Source Biotechnology Resident ID Electronic wand
Technological	Electronic tracking Medical records Resident ID Scanning medical records Centralized scheduling Dictation systems Voice recognition systems Connection to external databases Expert system Telemedicine Access to radiological images	PCs at nursing station PCs in the hallway PCs on the med cart PCs at the bedside Portable computing devices Laptops Handheld (PDA) Wireless Touch screens	Databases Networks Operating systems Fax machines Fiber optics Wide area network Satellite connections Microwave connections Local area network Integrated Service Delivery Network (ISDN) Wireless network Modems Infrared connections
Integration	Resident management systems Admissions Scheduling Resources availability Laboratory Pharmacy Human resources Finance Medical/resident records	Electronic and automatic transfer of information between IT systems Nursing IT integration Pharmacy Dietary PT/OT Laboratory IT department	Environmental systems in place Fire protection systems Security access Centralized systems Disaster recovery plan Nursing home Web site External e-mail Electronic bulletin boards Intranet applications Extranet applications Enterprise resource planning

ID, identification; IT, information technology; MDS, minimum data set; PC, personal computer; PDA, personal digital assistant; PT, part time; OT, overtime; RAI, resident assessment instrument; RAPS, resident assessment protocols.

One administrator stated, "No, I haven't done wounds for a number of years, because you get into a liability situation with the picture, they just blow them up and use them against you in court. We do not take pictures of anything." The nursing and medical records supervisors from another facility explained,

"We maintain a photo album for medication delivery, matching the person receiving the medication with their photo in the album...this can present a problem as people change and sometimes people look alike. We haven't started taking and storing digital photos for computer storage. We may occasionally keep wound

Table 3. General Overview of Participating Nursing Home Facilities

	Nursing Home Facility			
	1	2	3	4
Number of focus groups/participants	2/4	1/4	0/0	0/0
Number of key informant interviews/participants	1/1	0/0	2/2	1/1
Title of IT oversight person	Supervisor, IT department	Chief financial officer	Owner administrator	Administrator
Number of IT employees	4 Serves all corporate facilities	2	1 Serves 4–5 related facilities	0
Bed size	240	120	112	132
Ownership	Nonprofit church related	For-profit partnership	For-profit partnership	Nonprofit corporation

IT, information technology.

pictures on a computer, but it is not standard practice.” Another nursing home took pictures of residents’ faces only, uploading them into the clinical information system solely for identification purposes.

Technological Sophistication

Statements regarding technological sophistication reflect the degree in which technology is used in resident care. An example of increased technological sophistication was discussed by the administrator of the same nursing home noted above. He described a homegrown wireless call-light system he developed and added to the facilities technology, “*The call light system is attached to the computerized nursing system which has a series of four incremental pages occurring every four minutes to alert staff. The first level pages the aide on the hall; the second level pages exactly the same; the third level pages the medication aide, the float, the regular hall; and the fourth level pages the nurse. Four minutes later it goes to the next level; it pages everybody until it’s answered.*” There are added revenues for facilities that have high technological sophistication, the administrator explained, “*We sell almost everything that we do with technology. We’re a reseller for the wireless nurse call system.*”

Integration Sophistication

Integration sophistication represents the level of internal and external connectivity among departments and clinical settings.¹¹ Goals for system integration are to link processes across different applications and ensure that information is kept consistent within systems. Most facilities in this study had higher levels of internal integration, as opposed to external integration. However, a wide range of internal integration was noted among facilities. Three nursing homes appeared to have taken steps to integrate internal charting mechanisms. For example, 3 nursing homes had integrated electronic charting for nurse assistants, whereas the other nursing home did not allow nurse assistants access to the EHR.

Internal electronic messaging systems, called task lists, were available and being used by three nursing homes to transmit preformatted messages from nurses to nurse assistants about clinical care to be performed. Use of these systems might in-

crease technological and functional sophistication to support clinical communication; however, the level of integration across the system can fluctuate between facilities. For example, a nursing home using the task lists might provide each user (nurse aide and registered nurse) the capability to post messages to other users accounts indicating a higher level of communication capabilities, thus greater integration. In contrast, another home may allow only registered nurses to post messages to a nurse aide account, with nurse aides only being able to visualize but not manipulate the information displayed resulting in poorer system integration. This example illustrates a different level of integration for the same system between 2 different facilities.

Clinical Support

Functional Sophistication

Functional sophistication in the area of clinical support (eg, laboratory, pharmacy, and radiology) again varied. Three nursing homes had clinical decision support systems with clinical alerts for potential resident problems such as hydration status and skin integrity. Although these alerts were available in 3 of the 4 nursing homes, these alerts were used inconsistently.²⁷ For example, one facility had the alerts turned on but ignored them, “*We don’t use them [alerts] because we don’t input everybody’s intake. We just have a set group of people [residents] we do intake on.*” Another nursing home had the alerts turned on to alert staff of impending resident problems; systems administrators in one facility indicated they used them to make decisions about toileting and nutritional status, and yet other administrators had elected to turn the alerts in the system off. The decision to deactivate the clinical alerts appeared to be related to perceived accuracy and trustworthiness of the alerts.²⁸

Technological Sophistication

Technical sophistication relies heavily on external connections and adaptable IT systems. All nursing homes had Internet access; however, in most cases Internet access was limited to management. The exception was one nursing home that allowed Internet access to all staff except nurse assistants via

a staff break room personal computer (PC). Few external electronic connections existed in these nursing homes.

There also was little external adaptability with clinical support networks in these highly advanced IT homes. In these homes, interfaces that allow interactions between IT users, creating the ability for users to accept commands and display the results generated by other portions of the computer system were not available with clinical support networks. However, there was some evidence that nursing home administrators were beta testing electronic interfaces with external laboratories to enhance clinical support networks.

Integration Sophistication

Another important aspect of achieving a high level of IT integration is the level of available IT staff to support clinical operations. Only one nursing home had an IT department. The IT department provided a 24/7 help desk for clinical staff. The help desk assisted in troubleshooting, upgrading IT systems, and performing general maintenance. The other nursing homes relied heavily on their administrators, who carried pagers to support IT help and maintenance. There were also varying degrees of IT management experience, which typically consisted of “on-the-job” training. One nursing home appeared to have an extremely competent administrator who had compiled significant knowledge of IT systems and networks. He was outsourcing technology he had developed.

As mentioned, all nursing homes had a rudimentary level of integration sophistication with external clinical support entities such as labs, pharmacy, and radiology. However, there were some indications that external integration was becoming more developed. For example, one administrator described current beta testing for a lab request and reporting system, “...which would automatically notify the lab when they would have to come and pick up a lab [specimen] at the facility on a monthly basis.” Conversely, the other nursing homes relied on paper-based requisitions, fax reports, and telephone communications to facilitate transfer of information from external sources. This is evidence that some clinical support activities were being reengineered to take advantage of what IT can do.

Specific areas of IT support that proved to be helpful for internal IT integration and function included an implementation team to perform upgrades to the clinical information system and to build clinical libraries or knowledge databases, a maintenance staff to fix and track broken equipment, and a centralized point of integration staffed with knowledgeable people who could provide effective troubleshooting and networking.

Administrative Support

Functional Sophistication

Functional sophistication is needed to maintain an operable IT system that will perform clinical processes and activities associated with administrative oversight in nursing homes. Specifically, the use of consultants and outsourcing was found to be especially helpful in cases where an IT depart-

ment did not exist. In one nursing home where no IT personnel were employed, the administrator used an intern who was getting a Master’s degree in information technology to develop the wireless network and user-defined assessments. The administrator described how the intern helped develop user-defined assessments to enhance reporting capabilities: “*The first year we chose the hardware, and then the second year I had them do a lot of work entering user-defined assessments. We have a specialized assessment when we put in intake and supplements at meals. So the questions, kind of feedback, and kind of answers you get are dependent on how you set up your input and then develop your report.*”

There was evidence administrators who were knowledgeable of IT systems were becoming savvier because of types of sophistication analyzed. Some administrators were developing their own technological solutions such as a “bio-time” clock system for quality improvement. For example, IT systems were being used to validate the timeliness of answering call lights, “*Using the bio time clock system, [nurse] aids can punch in by putting their finger on it [scanner], it reads their fingerprint, and if it matches, they go on. Our future plan is to take that technology on the time clock system, integrate that with the nurse call system, and know who answered every call light on every call. It can be used as a base to improve services.*”

Finally, administrators who are implementing sophisticated technologies want more sophistication. This was evident in comments regarding magnetic scanning devices used for resident identification: “*We are hoping for an update to the use of wand which is less intrusive to the resident as it does not require physical touching to scan. This would be especially helpful at night to keep from disturbing the resident.*”

Technological Sophistication

An important aspect of maintaining technological sophistication for administrative activities is having remote access. All nursing homes had some form of remote access. For example, 2 nursing homes used an application service provider (ASP) model allowing capital expenditures to be folded into monthly operating fees with individual vendors to support internal IT systems. Other nursing homes used remote access as a function of the nursing home being part of a system that owned/operated the systems centrally. For example, 2 nursing homes used remote access to assist in troubleshooting network problems, perform training, or evaluate system security with sister facilities. One administrator explained their networking capabilities: “*The server is tied in virtually with a private network between all the sites, and then we’re the controller that controls all of that in and out of the Internet. One facility has all the main data as to who can log in and all their other rights and all that...we can pull my documents up at any remote site.*” The other 2 nursing homes used remote access to allow vendors to log onto their network to assist with network problems.

All forms of IT sophistication in terms of administrative activities were observed through the administrators’ daily use. In every nursing home there was technology being used to manage accounting, billing, and payroll, and regulatory functions such as the MDS. There was more technological diversity in applications for supplies management than in

other ones. One administrator described the current use of technology for these purposes: *"We have a scanning system for supplies, with its own set of palms, which is automatically linked to billing but not purchasing [a supply chain management application]. These supplies are used by individual residents and patients. We do have an inventory maintenance program but are not using it currently, due to warehouse space issues."*

Integration Sophistication

Every administrator identified that IT systems were either fiscally or clinically strong in their individual products, however no system had been created with a strong integrated product linking clinical, fiscal, and regulatory needs; creating less integration sophistication for some facilities. This has led to consistent problems with fiscal and clinical interfaces and the development of separate silo systems to facilitate financial and clinical functions. One administrator explained, *"The [clinical program] implemented by our facility doesn't talk to the [financial program] and that is the biggest weakness. Another major weakness is that the [clinical program] has no financial capabilities. At this time we have to double enter information into both the [financial program] and the [clinical program] systems."* The administrator also indicated that a new version of the clinical program was forthcoming that would create a more effective interface.

Administrative integration is represented by the level of internal and external integration of administrative functions among departments and clinical settings inside and outside a facility. Higher levels of integration were evidenced by improved administrative reporting capabilities across the system. All administrators reported technological enhancements enabled them to manage human resources more effectively, allowed them to perform audits of clinical areas from anywhere within the network, and provided them with critical clinical information to identify high-risk residents within the system. One informant described how reporting capabilities have been improved because of the technology: *"...we are utilizing weekly reports for each nursing home unit, [to monitor] antibiotic therapy, residents who have had an incident, new resident admissions, new medication orders, who is Medicare part A and getting therapy. So it really helps to talk about the high risk patients so we can all be on top of the same thing."*

Descriptions of the usefulness of technology portray how computerization in these settings is moving away from a focus on billing applications and MDS completion to more advanced integrated IT systems that enhance administrative oversight.

DISCUSSION

The promises for improved care quality, safety, and value for residents are the primary drivers of future investment in IT by nursing homes. Investigators are attempting to understand the types of IT currently being implemented, how IT functions to support clinical processes, and to what extent IT integration has occurred or is possible between various clinical and administrative IT solutions. Administrators implementing sophisticated IT systems are beginning to see how IT can enhance the quality-improvement efforts in their facilities. Administrators who are slow to adopt can learn from the experiences of early adopters discussed in this man-

uscript. Although nursing home IT adoption is in early stages, early adopters are beginning to realize benefits across all 3 clinical domains (resident care, clinical support, and administrative activities). In an effort to understand nursing home IT sophistication, this study explored the concept of IT sophistication across these 3 domains.

The interviews with early adopters of IT systems in nursing homes provided justification to adapt the original IT sophistication survey used in acute care settings to nursing homes. Following the interviews, modifications were made to the language of the original survey to fit the mold of nursing homes; for example, patients were identified as residents, hospital was replaced with nursing home. Other changes included deleting some sections of the survey instrument that pertained to computerization used in operating rooms and emergency services. This was necessary because these types of services are not located in nursing homes. Additional items were added related to specialized services performed in nursing homes such as minimum data set assessments and resident assessment protocols.

In regard to content and structure, most of the items in the original survey were left intact. This is most likely a result of hospitals adopting IT earlier and having more advanced information systems; therefore, much of the original survey was complete with respect to identification of types of systems being used.

The most important thread of information about IT sophistication emerging from these discussions was the need for further interface development between IT systems to enhance integration and connectivity. Of critical importance is the need for interfaces that allow different IT applications to communicate with each other to build common data repositories and data warehouses. Interface operability was recognized as an important issue in every clinical domain.

Interfaces are important because they allow for the exchange of vital clinical information between internal and external entities. Interfaces contribute to the formation of relational databases that can combine distinct datasets into powerful reporting tools fostering a seamless clinical environment. Additionally, the adaptation of interfaces to connect stand-alone IT systems reduces the duplicative work required to keep separate IT systems current. Adaptation of interface links also facilitates a safer environment through more consistent data entry, faster retrieval of information, and improved reliability of data sources.

An important aspect of IT sophistication that is related to interface development is the usability of IT systems. Functional sophistication and integration of clinical decision support can be positively or negatively affected by the users' perceptions, accuracy of information input into the system, and the specificity of information guiding users' decisions. Increased levels of IT support and training personnel can improve usability, contribute to the design of sophisticated systems, keep the technology up and running smoothly, and are important for maintaining connections with users of IT.

LIMITATIONS

Limitations of this study include the small sample size of respondents interviewed during the focus groups and

interviews. Additionally, all of the interviews were conducted in urban or metropolitan regions; therefore, some of the results may not reflect issues that more rurally located nursing homes have implementing sophisticated IT systems. Furthermore, differences in the types of technologies being considered in diverse regional settings may not be reflected in our results and therefore could lessen generalizability to other settings.

FUTURE WORK

Several studies are under way using the results of this study, including the development of a state profile of IT sophistication for nursing homes in Missouri.^{29,30} The state profile includes a description of the different types and levels of IT sophistication described in the matrix (see Table 2) in a sample of nursing homes. Additional studies are under way to investigate best practices of IT use in nursing homes with diverse levels of IT sophistication. Specifically, investigators are researching the implementation of recommended evidence-based prevention measures for pressure ulcer management in nursing homes with high levels of IT sophistication versus nursing homes with low levels of IT sophistication. In these studies, nursing home quality measures pertinent to pressure ulcer residents will be compared to the level of IT sophistication to determine if a relationship exists between these 2 variables.

CONCLUSION

The study shows how some early nursing home adopters of more advanced IT applications are achieving added benefit for resident care, clinical support, and administrative functions. These early adopters are anxious for more technological advancements; some are even beginning to develop their own entrepreneurial status as a result of visionary IT leadership. Nursing home IT is beginning to advance beyond business applications and the required minimum data set as illustrated in the matrix. There is a belief among nursing home administrators that IT systems do improve the quality of care given to their residents. However, there is still room for a higher level of IT sophistication as the development of interfaces and more advanced and complex resident care and information technologies change the nature of work.

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